

cooking through the bible

An immersive lesson series for children and parents to do together, helping them to explore the teachings of Jesus in a fun and creative way.



THE RECIPE: Makes 12 scones

- 2 $\frac{3}{4}$ cups flour
- $\frac{1}{3}$ cup sugar
- $\frac{3}{4}$ teaspoon salt
- 1 tablespoon baking powder
- $\frac{1}{2}$ cup cold butter
- 1-2 cups dried fruit or chocolate chips
- 2 large eggs
- 2 teaspoons vanilla extract
- $\frac{1}{2}$ cups milk

STEP 1: Add all dry ingredients together, then fold in butter until it is crumbly (a few large chunks of butter are okay)

STEP 2: In a separate bowl, mix together eggs, vanilla, and milk.

STEP 3: Combine ingredients together, and form into small triangles on a greased sheet pan (no foil) with your hands.

STEP 4: Brush the top of the scones with milk, and sprinkle sugar or cinnamon.

STEP 5: Bake for 18-22 minutes at 425 F or until scones are light golden brown.

THE VERSE:

Matthew 7:9: "Which of you, if your son asks for bread, will give him a stone?"

THE LESSON:

Jesus absolutely loves hanging out with the outcasts. There's a whole book about it! He intentionally spends time with people that society has turned away from, and offers them love and support. He has a family, but he recognizes the importance of loving others, and does so without fail.

So what does this mean for us today?

Here's a silly example: If your mom or dad were to ask you for a bite of your pizza, would you say *No, but you can have a bite of this old cracker I found under my bed?* Of course not! We would never say that—the right thing to do is, of course, offer them a bite of your pizza.

Being a human and a follower of Christ means that we love other people just as much as we love ourselves. It means giving them some of our pizza, and not the old cracker under the bed.

It's recognizing that part of loving others is sharing the good stuff with them—like joy, and kindness, and gentleness—and not the bad stuff, like anger or old crackers.

REFLECTION: How can you share your love with the people around you?